# Transcript

00:00:00 E.A. Maynard

Welcome to the Altar Blow podcast.

00:00:03 E.A. Maynard

So today I'm speaking with Ruth Sharp.

00:00:05 E.A. Maynard

We discuss her book, the Lake Effect.

00:00:07 E.A. Maynard

It's the first of two.

00:00:10 E.A. Maynard

I'll see how many so.

00:00:12 E.A. Maynard

With that being said, I appreciate you being here and I hope you enjoy the show.

00:00:18 E.A. Maynard

I'm going to be discussing quite a bit at least.

00:00:20 E.A. Maynard

As much as I can with ruthers, as always, I love the authors I talked to.

00:00:25 E.A. Maynard

It's another good conversa

00:00:27 E.A. Maynard

Nation and it's a conversation.

00:00:29 E.A. Maynard

I think you should enjoy as well.

00:00:31 E.A. Maynard

For those watching the video, I appreciate you sticking through.

00:00:35 E.A. Maynard

You're going to be seeing changes as I keep trying to find a service.

00:00:39 E.A. Maynard

Side is the best option for me to provide you a video service.

00:00:44 E.A. Maynard

Other than that, the audio people you should notice.

00:00:47 E.A. Maynard

Any difference as I go through and work on trying to get things settled with programs so.

00:00:53 E.A. Maynard

Again, thank you.

00:00:54 E.A. Maynard

I'm trying to make this as best as I can for you.

00:00:57 E.A. Maynard

I hope you enjoy it.

00:00:59 E.A. Maynard

Leave a comment.

00:00:59 E.A. Maynard

A review.

00:01:00 E.A. Maynard

Email me through the website at alter Globecomm.

00:01:04 E.A. Maynard

Those are perfect places for you to tell me things you like, things you don't like, things you'd like to see improved, or things you'd like to see added, even if you haven't.

00:01:13 E.A. Maynard

All through that you want to suggest that I try to reach out to you can reach me there.

00:01:18 E.A. Maynard

And while you're there, you can also see roots profile.

00:01:21 E.A. Maynard

You can see other profiles.

00:01:24 E.A. Maynard

You can find the show.

00:01:25 E.A. Maynard

Being aired there.

00:01:26 E.A. Maynard

And links to where the show and other shows are being able to see on your favorite provider.

00:01:32 E.A. Maynard

So without being said again, thank you and I'll talk to you at the end of the show.

00:01:36 E.A. Maynard

So I'm here with Ruth Sharp.

00:01:39 E.A. Maynard

Ruth Sharper is written a book called Lake Effect.

00:01:42 E.A. Maynard

It focuses on a thriller, mental illness.

00:01:46 E.A. Maynard

I mean the reviews that I read were outstanding, but instead of me going on like always, it's better to let the author discuss herself and her book herself.

00:01:56 E.A. Maynard

So Ruth, thank you for being here.

00:01:58 E.A. Maynard

Can you tell everybody a bit about yourself and your book so they can get?

00:02:02 E.A. Maynard

To know you a little.

00:02:03 Ruth Sharp

Sure, well thank you for having me Eric.

00:02:05 Ruth Sharp

So the book is it it.

00:02:08 Ruth Sharp

It does deal with mental illness, but it it mainly is a coming of age story and it's.

00:02:15 Ruth Sharp

A little troublesome.

00:02:16 Ruth Sharp

The main character is a little troubled, so if you're looking for this overly feel good, you know coming of age.

00:02:23 Ruth Sharp

Me, that's probably not for you.

00:02:25 Ruth Sharp

I like to write books and granted I've only written one, but I like to read books that have interesting characters and that are not cut and dry that have great discussions about the decisions that they made the plot, how it unfolds.

00:02:43 Ruth Sharp

And you know.

00:02:43 Ruth Sharp

At the end of the day, I would remind readers that this is a a fictional book.

00:02:49 Ruth Sharp

So while I did research on mental illness and parenting techniques.

00:02:54 Ruth Sharp

And and this and that.

00:02:55 Ruth Sharp

It it is a fictional.

00:02:57 Ruth Sharp

Plot now, could it really?

00:02:59 Ruth Sharp

Happen, sure it it could happen.

00:03:01 Ruth Sharp

You know there are difficult things that.

00:03:03 Ruth Sharp

People go through and.

00:03:04 Ruth Sharp

They make bad decisions, so you know one of the hardest things about talking about the book is to not.

00:03:10 Ruth Sharp

Give it away so.

00:03:12 Ruth Sharp

I just it it is an.

00:03:13 Ruth Sharp

Easy read, it's it.

00:03:15 Ruth Sharp

Clips along on the on the.

00:03:16 Ruth Sharp

Plots and but the characters.

00:03:19 Ruth Sharp

Aren't particularly likable, so if you like that kind of a book where it it prompts a lot of discussion and a lot of you know, teetering on the Gray area of morality.

00:03:31 Ruth Sharp

Then this is the book for you and I'm going to hold it up real quickly before I forget.

00:03:35 Ruth Sharp

I'm holding up the book.

00:03:36 Ruth Sharp

It's called the lake effect impulse or instinct.

00:03:40 Ruth Sharp

So and I had a.

00:03:42 Ruth Sharp

A subtitle because the lake effect there's different connotations to that so, and it's really about the made, the characters impulsive activities.

00:03:52 Ruth Sharp

Or is it instinctual activities?

00:03:54 Ruth Sharp

So that's the discussion.

00:03:56 E.A. Maynard

I understand, so that sounds very interesting and I'll be honest with you when I first read before I looked into.

00:04:03 E.A. Maynard

You emailed me.

00:04:04 E.A. Maynard

I read the title and my first thought was is I grew up in Northwest Ohio where the lake effect would literally send chills down you because that's when the water just the wind hits.

00:04:14 E.A. Maynard

The water comes down and freezes the.

00:04:16 E.A. Maynard

Living daylights out of you.

00:04:18 E.A. Maynard

So so to me it instantly screamed.

00:04:21 E.A. Maynard

Chill it bone chilling.

00:04:24 Ruth Sharp

Well, it's it's, uh.

00:04:26 Ruth Sharp

Yeah, and I might say and and.

00:04:27 Ruth Sharp

That's part of the reason why I did.

00:04:29 Ruth Sharp

A subtitle is because we don't want people to think that it's a nonfiction book about the lake effects.

00:04:35 Ruth Sharp

It's you know.

00:04:36

Right?

00:04:37 Ruth Sharp

If there is, you know connotations to that and and so yeah.

00:04:43 Ruth Sharp

No, I appreciate you.

00:04:44 Ruth Sharp

You're bringing that up, though.

00:04:46 E.A. Maynard

So, and what I've gotten from it, is it seems like from what I've read from what I've heard about the book, it starts off with a girl in her teens and follows her into her early 20s and what what does it really pertain to because I'm forgive me.

00:05:04 E.A. Maynard

I'm a little lost on it.

00:05:05 E.A. Maynard

Where I understand it goes over a long spirit span of time for this girl.

00:05:10 E.A. Maynard

What is she facing?

00:05:11 E.A. Maynard

What kind of things is it?

00:05:13 E.A. Maynard

A mental illness is a crime.

00:05:15 E.A. Maynard

What is it really?

00:05:16 E.A. Maynard

What's the premise of the story?

00:05:18 Ruth Sharp

The premise of the story is that her parents split up.

00:05:22 Ruth Sharp

Her mom abruptly leaves and she's trying to deal with this and she lives with her dad and her dad is a very busy lawyer and she has all these questions and all these insecurities and it's really a a coming of age story.

00:05:37 Ruth Sharp

Sorry, and how she relies on her best friend to to help her through it as we as kids all do.

00:05:44 Ruth Sharp

But it's really just her quest to.

00:05:45 Ruth Sharp

Figure out what happened, what happened?

00:05:48 Ruth Sharp

Why did my seemingly perfect family break up?

00:05:52 Ruth Sharp

And and I.

00:05:52 Ruth Sharp

Think a lot of kids do this.

00:05:54 Ruth Sharp

They they hold all of their insecurities and their feelings.

00:05:58 Ruth Sharp

Deep down inside.

00:05:58 Ruth Sharp

Of them, and at some point in their lives, it has to come to the surface, and so for Lexie, it comes to the surface.

00:06:05 Ruth Sharp

When she's in college and again I don't want to give a lot of the book away, but it is this coming of age and it's a little dark.

00:06:13 Ruth Sharp

You know, I'm not gonna.

00:06:14 Ruth Sharp

Like I said, if you're if you're looking for this.

00:06:16 Ruth Sharp

Feel good, funny you.

00:06:17 Ruth Sharp

No kind of story.

00:06:18 Ruth Sharp

No, it's it's not, and and I really don't want 13 year olds reading this even though.

00:06:23 Ruth Sharp

Uhm, even though the main character is 13 and she ends when she's in college and there's a little bit of a love story in there, but you just have to like interesting characters.

00:06:35 Ruth Sharp

You really do.

00:06:37 Ruth Sharp

Yeah, you have to like interesting characters so, but it's for like 20 year olds and then into it it's.

00:06:43 Ruth Sharp

Really, from 20 years old and.

00:06:44 Ruth Sharp

Up, yeah, but I don't I.

00:06:45 E.A. Maynard

Alright, so basically.

00:06:46 Ruth Sharp

Don't want 1315 year old reading it?

00:06:48 E.A. Maynard

So basically what you're for what I'm gathering is is the story starts off, but it's meant for.

00:06:55 E.A. Maynard

For older people to develop and that are developed enough to understand the consequences and everything that happens.

00:07:02 Ruth Sharp

Yes, that's that's an excellent way of saying it.

00:07:04 E.A. Maynard

Teenagers there they might have some intelligence that would be worth it, but they're not fully mature enough to understand.

00:07:11 E.A. Maynard

Every bit of it I would imagine.

00:07:13 E.A. Maynard

So there's there's different.

00:07:14

Right?

00:07:15 E.A. Maynard

From what I've read, there's different factors in.

00:07:17 E.A. Maynard

The book that.

00:07:18 E.A. Maynard

Are quite complex and quite traumatizing as well. I think I heard one situation was from that Lexie, I think the character's name was she went through.

00:07:30 E.A. Maynard

A instance in not to give away hopefully, but I think I heard you in another interview say that she was raped in a situation where one of the characters was.

00:07:41 Ruth Sharp

It was an earrape mughrib.

00:07:43 Ruth Sharp

I was an ear rape and and so.

00:07:46 Ruth Sharp

Yes, and I.

00:07:47 Ruth Sharp

Think that's OK?

00:07:49 Ruth Sharp

To tell people it it wasn't near ripe and I made a decision from the very beginning that I was not going to get graphic on on anything.

00:07:57 Ruth Sharp

This is about psychological psycho.

00:08:01 Ruth Sharp

You know I had to go through that.

00:08:04 Ruth Sharp

It's really just about teenagers getting themselves into.

00:08:08 Ruth Sharp

You know, above above their pay grade.

00:08:10 Ruth Sharp

So to speak.

00:08:11 Ruth Sharp

You know, you know you know, and and different parenting and and where were the.

00:08:15 Ruth Sharp

Parents and how?

00:08:17 Ruth Sharp

Did that affect them going forward and her friend had?

00:08:21 Ruth Sharp

Took that experience and went in a different direction and Lexie went in a different direction.

00:08:26 Ruth Sharp

So which I think happens all the time with kids.

00:08:30 Ruth Sharp

That's why you have, oh we were such good friends in high school or junior high and then we got into college.

00:08:35 Ruth Sharp

And you know.

00:08:35 Ruth Sharp

We run our separate ways, or even if.

00:08:37 Ruth Sharp

They went to the same college sometimes.

00:08:39 Ruth Sharp

Right, you're just you're just.

00:08:41 Ruth Sharp

Developing and so.

00:08:42 Ruth Sharp

But yeah, you're you're right, there was a near rape.

00:08:44 E.A. Maynard

Alright, so how did this story come?

00:08:47 E.A. Maynard

To be, I mean what?

00:08:48 E.A. Maynard

Got you to write the lake effect?

00:08:50 E.A. Maynard

And think, OK?

00:08:52 E.A. Maynard

This this story needs to be told or I just can't help myself.

00:08:56 E.A. Maynard

I have to tell this story.

00:08:57 Ruth Sharp

So I don't have a background in writing per southeast.

00:09:01 Ruth Sharp

I've I've always been an avid reader, and so when I I had a business prior to doing this and and I I sold it and then I had some extra time on my.

00:09:13 Ruth Sharp

Hands and I.

00:09:13 Ruth Sharp

Thought well, you know, I think.

00:09:14 Ruth Sharp

I'll go to a Community College and just take a writing.

00:09:17 Ruth Sharp

Forza creative writing.

00:09:18 Ruth Sharp

Course, and it was an assignment that was given to us.

00:09:21 Ruth Sharp

You know how English teachers will say they know.

00:09:23 Ruth Sharp

Let's do 5 minutes of freestyle writing and they did give us the prompt and the prompt was right about a lake where a murder had been committed, but you can't tell the reader that an actual murder had been committed.

00:09:37 Ruth Sharp

You have to kind of dance around the issue.

00:09:39 Ruth Sharp

And so that's.

00:09:40 Ruth Sharp

Where Lexie came about.

00:09:42 Ruth Sharp

Or maybe it's not Lexie.

00:09:44 Ruth Sharp

You've got to read the book so.

00:09:46 Ruth Sharp

And and my teacher says I love how these characters are flawed.

00:09:50 Ruth Sharp

You know it's only a couple paragraphs, but and I just thought OK, I'm going to go with this.

00:09:54 Ruth Sharp

You know.

00:09:54 Ruth Sharp

I kind of surprised myself.

00:09:55 Ruth Sharp

Which is why I think it's good to take these sort of.

00:09:58 Ruth Sharp

Uhm, liberal arts courses.

00:10:01 Ruth Sharp

Whether it's as a 20 year old or as a 40 year old or whatever and 'cause it it forces you to use your imagination, it forces you outside your comfort zone and.

00:10:11 Ruth Sharp

So it was.

00:10:11 Ruth Sharp

Really a good.

00:10:11 Ruth Sharp

Experience and I.

00:10:12 Ruth Sharp

Give my professor kudos in the acknowledgements so.

00:10:16 E.A. Maynard

Right, yeah, so so you started off with just a few lines.

00:10:21 E.A. Maynard

Then you ended up starting to write more what I guess where did you pull the information from work?

00:10:27 E.A. Maynard

'cause mental illness?

00:10:29 E.A. Maynard

And it's it's a bundle of things going on from.

00:10:32 E.A. Maynard

What I've read.

00:10:33 E.A. Maynard

That you have focus going into the story.

00:10:37 E.A. Maynard

What brought all of it together?

00:10:40 E.A. Maynard

How did you develop it?

00:10:41 Ruth Sharp

Well, first of all, I you know there's a couple of different ways that I think writers write. Some writers make out an outline, you know they have an image of what they want their characters to be doing where they want the art to be, and I just sort of sat down and said, OK, I want this character to be 1314 at the time, wherever.

00:11:01 Ruth Sharp

You know, kind of young and I want.

00:11:04 Ruth Sharp

To show the reader.

00:11:06 Ruth Sharp

I always want to.

00:11:06 Ruth Sharp

Know what happened to these people, even.

00:11:08 Ruth Sharp

Whether it's in real life or not.

00:11:10 Ruth Sharp

What happened to these people when they were young?

00:11:12 Ruth Sharp

You know what happened into them into their formative years, so I started writing from that perspective, and then I was like, OK, I want mental illness and so.

00:11:21 Ruth Sharp

I researched some mental illness but and just kind of took it from there and and you know, doctor Google said well there are.

00:11:30 Ruth Sharp

These certain things.

00:11:31 Ruth Sharp

That are exemplified when you have mental illness and so I kind of touched on a few of them.

00:11:37 Ruth Sharp

Uhm, I didn't want it to be like a term paper where oh, she does this check it off.

00:11:41 Ruth Sharp

She does that.

00:11:42 Ruth Sharp

Check it off, I just want you know.

00:11:43 Ruth Sharp

I just took a few of.

00:11:44 Ruth Sharp

Them and then just sort of.

00:11:45 Ruth Sharp

Extrapolated the the the plot from there and.

00:11:51 Ruth Sharp

So yeah, and and.

00:11:52 Ruth Sharp

Think about mental illness is which also makes it a great discussion.

00:11:57 Ruth Sharp

Is that it's not always.

00:11:58 Ruth Sharp

Cut and dry.

00:11:59 Ruth Sharp

You know it's.

00:12:00 Ruth Sharp

Like, well, you have symptoms of being a sociopath.

00:12:04 Ruth Sharp

Or are you a psychopath or you know what are you and and so?

00:12:08 Ruth Sharp

And I had a psychologist.

00:12:11 Ruth Sharp

To read it and she gave me.

00:12:12 Ruth Sharp

This big, you know and.

00:12:14 Ruth Sharp

It wasn't finished at the time, but.

00:12:15 Ruth Sharp

The majority of.

00:12:16 Ruth Sharp

It was done and she said, well, you know, I think it.

00:12:18 Ruth Sharp

Maybe it's this and I think.

00:12:19 Ruth Sharp

It's maybe it's that.

00:12:20 Ruth Sharp

And and she really enjoyed reading it.

00:12:23 Ruth Sharp

So that was also like, OK, this is good.

00:12:25 Ruth Sharp

You know, maybe I'm on the right.

00:12:26 Ruth Sharp

I I just I just want it.

00:12:28 Ruth Sharp

Again, to be full of discussion.

00:12:31 Ruth Sharp

And if you're in a book club and.

00:12:33 Ruth Sharp

And you know, there's always somebody.

00:12:35 Ruth Sharp

Who has expertise in this or expertise in that and it's?

00:12:38 Ruth Sharp

Like you know, OK?

00:12:38 Ruth Sharp

Bring in your expertise if you work in.

00:12:40 Ruth Sharp

A mental institution.

00:12:41 Ruth Sharp

Or you are a psychologist or your school counselor, you know.

00:12:45 Ruth Sharp

Bring in your expert.

00:12:46 Ruth Sharp

It's chock full of discussion.

00:12:48 Ruth Sharp

Is is what I you know.

00:12:50 Ruth Sharp

Uhm, so that's kind of what I did.

00:12:53 Ruth Sharp

Did some research and then let the creativity stem from there.

00:12:57 E.A. Maynard

Alright, so you're from everything I've heard it used to be called a pantser.

00:13:02 E.A. Maynard

Now they call it a discovery writer.

00:13:04

Oh, really did.

00:13:05 Ruth Sharp

Not know that, OK?

00:13:06 E.A. Maynard

Yeah, so when like when I first wrote my first book, I kept hearing call it up.

00:13:12 E.A. Maynard

Answer your writing by the seat.

00:13:14 E.A. Maynard

Of your pants.

00:13:15 E.A. Maynard

By the time I finished my third book, it was your discovery writer because you're discovering and I'm sitting there going.

00:13:22 E.A. Maynard

So basically it's the same thing except for a dozen sound.

00:13:26 E.A. Maynard

As crude, I guess or.

00:13:28 Ruth Sharp

Right, that's a good way of putting.

00:13:29 Ruth Sharp

Yeah, yeah.

00:13:30 E.A. Maynard

But yeah, I mean, yeah, you basically.

00:13:33 E.A. Maynard

You write the same way I do where you like to know you don't.

00:13:36 E.A. Maynard

You have an idea of the story, but it's what's coming makes the exciting, which from what I've heard, a lot of great writers do the same.

00:13:44 E.A. Maynard

So how was it when you're writing story?

00:13:47 E.A. Maynard

Was there a lot of emotional coming out?

00:13:50 E.A. Maynard

Did you bring stuff in from your past?

00:13:52 E.A. Maynard

Put a little bit of yourself into any of the characters?

00:13:55 E.A. Maynard

Anything like that.

00:13:56 Ruth Sharp

Well, a little.

00:13:56 Ruth Sharp

Bit in some of the lighter moments.

00:13:59 Ruth Sharp

Uhm, I did and and I wanted to make sure that I had the right social.

00:14:06 Ruth Sharp

Uhm yeah. Social like fabric of the early 2000s. I wanted to make sure that that I got the songs right and like some of the TV programs and you know.

00:14:18 Ruth Sharp

And of course I was around in 2000, so you.

00:14:21 Ruth Sharp

Know I pulled.

00:14:22 Ruth Sharp

A little bit from from that, but mainly I.

00:14:22

Right?

00:14:25 Ruth Sharp

Just tried to let the characters.

00:14:26

Talk to me.

00:14:27 Ruth Sharp

As as I'm.

00:14:28 Ruth Sharp

Writing and let me tell you it is not.

00:14:31 Ruth Sharp

Well, you know this it's.

00:14:32 Ruth Sharp

You know you have to look forward to that.

00:14:35 Ruth Sharp

You have to look forward.

00:14:36 Ruth Sharp

To I'm going to write.

00:14:38 Ruth Sharp

And from 10 in the morning until two, and I'm just going to let these characters.

00:14:41 Ruth Sharp

Talk to me.

00:14:42 Ruth Sharp

You know, they're like your little friends and so.

00:14:45 Ruth Sharp

So that's kind of what?

00:14:46 Ruth Sharp

I did and and I just somehow I weaved it all together and.

00:14:50 Ruth Sharp

I just I I don't know.

00:14:51 Ruth Sharp

I don't even know.

00:14:52 Ruth Sharp

I try not to get off on a tangent and ramble on these types of questions because I really just don't know what to tell you.

00:14:57 Ruth Sharp

It's just I just sat down and I started writing and I thought this would be a good a good thing to have.

00:15:02 Ruth Sharp

Them happen and but.

00:15:04 Ruth Sharp

I will tell you that I originally started out wanting to vacillate between the younger version of Lexie and the older version, and then it became.

00:15:13 Ruth Sharp

Too difficult, I mean, this is my first book and I and my writing coach said, you know, I'm glad that you kept it to when she was young.

00:15:16 E.A. Maynard

OK.

00:15:20 Ruth Sharp

So and and also what that does is that it makes it ripe for a sequel.

00:15:26 E.A. Maynard

And that's what I was going to ask you as.

00:15:28 E.A. Maynard

Well, as if you're.

00:15:28 E.A. Maynard

Planning on going into a sequel.

00:15:31 E.A. Maynard

We're making this a multi series book.

00:15:34 Ruth Sharp

You know what probably won't make it a multi series, but I do want to write another.

00:15:38 Ruth Sharp

One 'cause there's a.

00:15:38 Ruth Sharp

Lot of questions that.

00:15:39 Ruth Sharp

Are the main questions of what happened to Lexi and her parents.

00:15:43 Ruth Sharp

That gets answered, but you know, she's only 2221 when the story ends. There's still a lot.

00:15:51 Ruth Sharp

That she has to work through.

00:15:52 Ruth Sharp

And it was a.

00:15:53 Ruth Sharp

Good place to stop the book.

00:15:55 Ruth Sharp

Now it's just a matter of.

00:15:58 Ruth Sharp

How do I want to proceed from here?

00:16:00 Ruth Sharp

You know, so yeah.

00:16:02 E.A. Maynard

And I think if I'm not mistaken, this takes place in a small town in New York somewhere.

00:16:08 Ruth Sharp

The catskills

00:16:08 E.A. Maynard

The the the cat scales.

00:16:10 Ruth Sharp

The Catskills, yeah and I don't know again.

00:16:15 Ruth Sharp

I don't know why I picked that.

00:16:16 Ruth Sharp

I just I didn't.

00:16:17 Ruth Sharp

I'm I'm from the Midwest originally and I just didn't want it to be in the Midwest.

00:16:21 Ruth Sharp

I didn't want it to be.

00:16:22 Ruth Sharp

In Denver and I.

00:16:23 Ruth Sharp

Just like.

00:16:24

I just picked this.

00:16:25 Ruth Sharp

So I don't know.

00:16:26 Ruth Sharp

Anyway, I was going to fly out there and.

00:16:28 Ruth Sharp

Take and get a good feel for the city.

00:16:32 Ruth Sharp

But then COVID hit and I had to cancel my plans.

00:16:35 Ruth Sharp

So I was looking forward to, you know, getting all the five senses by going up there.

00:16:40 Ruth Sharp

But so maybe this time I can.

00:16:41 Ruth Sharp

Do that, yeah.

00:16:42 E.A. Maynard

I understand, so it's a small town.

00:16:45 E.A. Maynard

From what I remember here.

00:16:46 E.A. Maynard

During what was it a major decide to put the setting in a small town?

00:16:51 E.A. Maynard

I mean, most usually there's one or two reasons I see a small town as if you're.

00:16:56 E.A. Maynard

Trying to bring.

00:16:57 E.A. Maynard

Out a I guess a sense of closeness or people settle in big cities so that they have more diversity to choose from and people don't really question.

00:17:06 E.A. Maynard

Roads and streets and big cities as much from.

00:17:09 E.A. Maynard

What I've noticed.

00:17:10 Ruth Sharp

Yeah, yeah, well and why did I set?

00:17:13 Ruth Sharp

It in a small town.

00:17:16 Ruth Sharp

I guess in the back now that I'm answering the question is I just wanted it to not clutter my mind with where we need to incorporate big city things and.

00:17:26 Ruth Sharp

Maybe that's my.

00:17:27 Ruth Sharp

Inexperience of being a first time writer.

00:17:29 Ruth Sharp

I just kind of wanted to keep.

00:17:31 Ruth Sharp

It simple and I.

00:17:32 Ruth Sharp

I grew up in Omaha, which is not.

00:17:35 Ruth Sharp

A super small.

00:17:36 Ruth Sharp

Town, I mean.

00:17:36 Ruth Sharp

It was small in comparison to New York or.

00:17:39 Ruth Sharp

You know all those cities in Ohio and.

00:17:42 Ruth Sharp

So I kind of knew that.

00:17:43 Ruth Sharp

This the idea that everybody knows each other and that you get a little bit of a false sense of security.

00:17:50 Ruth Sharp

I do think that there are small towns and then there are small towns.

00:17:53 Ruth Sharp

There are small towns where it's really healthy and people kind of help raise each other.

00:17:58 Ruth Sharp

And then there are small towns.

00:18:00 Ruth Sharp

But it's very caddy and it's not healthy and you just can't wait.

00:18:03 Ruth Sharp

To get out.

00:18:04 Ruth Sharp

Of there, this was sort of in the middle.

00:18:06 Ruth Sharp

I I didn't talk a lot about UM.

00:18:09 Ruth Sharp

The other that the town itself, and so again, I think in the next book I might delve into that again.

00:18:16 Ruth Sharp

You know again.

00:18:17 Ruth Sharp

I'm a first time writer and I'm sure it's not perfect, but again, I just wanted it to be a good discussion and I think I did.

00:18:24 Ruth Sharp

I think I nailed it quite honestly if.

00:18:26 Ruth Sharp

I may say so myself.

00:18:27 E.A. Maynard

Well, I was going to say from the reviews it's looks like they're all four and a half to five reviews for the most part, there's one that I think certainly put a review, but didn't leave a remark so you don't know if it's accidental or.

00:18:42 E.A. Maynard

I always figure if you leave a one star review and you don't put anything down, you mistakenly rated the book.

00:18:49 Ruth Sharp

How about we just go?

00:18:50 Ruth Sharp

With that

00:18:52 Ruth Sharp

Well, it could have been, but you.

00:18:56 Ruth Sharp

Know this book is.

00:18:56 Ruth Sharp

Not for everyone.

00:18:57 Ruth Sharp

I'm it's.

00:18:58 E.A. Maynard

Right?

00:18:59 Ruth Sharp

It's not, you know.

00:19:01 Ruth Sharp

My sister started to read it and.

00:19:03 Ruth Sharp

She said, you know?

00:19:04

I just I I just thought.

00:19:05 Ruth Sharp

'cause it was right at the beginning.

00:19:06 Ruth Sharp

Of the pandemic.

00:19:07 Ruth Sharp

And it was.

00:19:08 Ruth Sharp

I think she just didn't want.

00:19:10 Ruth Sharp

To let herself.

00:19:11 Ruth Sharp

Go there and and I get that and it's.

00:19:13 E.A. Maynard

Right?

00:19:13 Ruth Sharp

You know she's a good.

00:19:14 Ruth Sharp

Sister, you know other than that?

00:19:16 Ruth Sharp

But so I I get it, it's all good.

00:19:18 E.A. Maynard

I understand, and yeah, I mean if if one book was for everybody then it would be.

00:19:23 E.A. Maynard

A weird market.

00:19:25 Ruth Sharp

We have no discussion.

00:19:27 E.A. Maynard

Exactly so since this was your first book while writing it, what kind of emotions or what kind of feelings did you have as writing it?

00:19:36 E.A. Maynard

Because writing a thriller I know, like when I my first book, I wrote it drew a lot of different emotions as I wrote it to bringing out all these.

00:19:45 E.A. Maynard

Different moments of excitement at different moments of fear and sadness and all the different things that occur in the story.

00:19:53 E.A. Maynard

Three, what did your book?

00:19:55 E.A. Maynard

Bring out while you were.

00:19:56 E.A. Maynard

Writing it, if anything.

00:19:57 Ruth Sharp

Well, what it brought out was and what?

00:20:00 Ruth Sharp

I learned from it was you need to sit.

00:20:02 Ruth Sharp

Down just do it.

00:20:03 Ruth Sharp

You can think about these and scheme in your head, but since you are up answer or discover you need to sit down and do it and you need to stop whining about it.

00:20:12 E.A. Maynard

Right?

00:20:14 Ruth Sharp

You need to stop procrastinating.

00:20:16 Ruth Sharp

And that's why.

00:20:17 Ruth Sharp

I hired a writing coach because she.

00:20:19 Ruth Sharp

Kept me on.

00:20:19 Ruth Sharp

Track, you know I had to have 10.

00:20:21 Ruth Sharp

Pages to her.

00:20:22 Ruth Sharp

Every Wednesday and and she gave you get that constant feedback and it was well worth the money up.

00:20:30 Ruth Sharp

And then to see it all kind of come together because I have, I think as you know, when you write, you'll think oh, this is a great sentence.

00:20:38 Ruth Sharp

Or this is a great paragraph and I really want to use this and sometimes.

00:20:42 Ruth Sharp

You have to cut those and edit.

00:20:44 Ruth Sharp

Those out but.

00:20:45 Ruth Sharp

I was and I did have to do that on some of them, but there was this whole section of the book that I had written and I really wanted to incorporate it into it and and I did.

00:20:55 Ruth Sharp

I was able to get that all in there and.

00:20:58 Ruth Sharp

I won't tell you what.

00:20:59 Ruth Sharp

Part it was or anything like.

00:21:00 Ruth Sharp

That, but you know so.

00:21:02 Ruth Sharp

That was my only is like a little anxious.

00:21:04 Ruth Sharp

A little intimidated.

00:21:06 Ruth Sharp

Highly intimidated, but it was a great learning process.

00:21:10 Ruth Sharp

Like you know, if I sit down I.

00:21:11 Ruth Sharp

Can do it, yeah?

00:21:12 E.A. Maynard

Right, and I've always said that everyone has a story, it's just imagine it's just the.

00:21:18 E.A. Maynard

The issue if you had the drive to actually sit down and write that story because I mean one way or another, good or bad, everybody has a story.

00:21:26 E.A. Maynard

It could be a junk story, but I mean my 4 year old tries to tell me a.

00:21:30 E.A. Maynard

Story every day, it seems like.

00:21:32

How sweet.

00:21:34 E.A. Maynard

So, but with that, what else?

00:21:37 E.A. Maynard

I mean, what else did you learn?

00:21:40 E.A. Maynard

What kind of mental illnesses did you actually look?

00:21:43 E.A. Maynard

Cat that you either did or didn't put into the book because right now mental illness is a big topic that a lot of people are addressing.

00:21:51 E.A. Maynard

What is it that you used as a basis or went off of for your book?

00:21:56

Uhm, there was \*\*\*\*\*\*

00:21:58 Ruth Sharp

So schizophrenic there was schizoaffective disorder and then.

00:22:04 Ruth Sharp

There was just your.

00:22:05 Ruth Sharp

Psychopath, sociopath and it really kind of comes down to.

00:22:10 Ruth Sharp

'cause like schizophrenia is?

00:22:12 Ruth Sharp

A is an imbalance in the brain.

00:22:14 Ruth Sharp

I I do know.

00:22:15 E.A. Maynard

OK.

00:22:15 Ruth Sharp

That and I didn't want it to be more like like that.

00:22:20 Ruth Sharp

I wanted it to be a little.

00:22:21 Ruth Sharp

Bit more subtle.

00:22:22 Ruth Sharp

And I but.

00:22:24 Ruth Sharp

I also didn't want it to be real preachy, you know.

00:22:26 Ruth Sharp

And I and I didn't want.

00:22:27 Ruth Sharp

To come across as.

00:22:28 Ruth Sharp

The expert I just.

00:22:29 Ruth Sharp

Said this is the signs.

00:22:31 Ruth Sharp

And you know, I do address the actual labeling of this towards the end of.

00:22:37 Ruth Sharp

The book and, but that's from the characters perspective.

00:22:41 Ruth Sharp

And again, this is a fictional book.

00:22:43 Ruth Sharp

It's it's not a nonfiction, but those were kind of the ones that I vacillated between sociopath and psychopath.

00:22:51 Ruth Sharp

And you, you know, without getting off on a tangent, there is a lot of evidence that.

00:22:58 Ruth Sharp

Childhood trauma affects your DNA and you think, well, you're born with your DNA.

00:23:05 Ruth Sharp

And there's a.

00:23:05 Ruth Sharp

Doctor or pediatrician.

00:23:06 Ruth Sharp

Her name is Nadine Harris Burke.

00:23:09 Ruth Sharp

She did, I think, or birkas, she did a Ted talk on this on how it's a long story, but in the 90s she got a bunch of kids together and she started noticing a pattern.

00:23:21 Ruth Sharp

That's when you have like one or more childhood traumas and it could be.

00:23:25 Ruth Sharp

Not just that you were hit or that.

00:23:27 Ruth Sharp

Your parents are divorced and it's just it's an.

00:23:30 Ruth Sharp

Accumulative thing, it's where you're constantly.

00:23:33 Ruth Sharp

In this fear mode, am I going to fight or AM?

00:23:35 Ruth Sharp

I going to flight and when you're.

00:23:37 Ruth Sharp

Small like that and it's.

00:23:38 Ruth Sharp

Continuous, it changes the malleable part of your DNA.

00:23:42 Ruth Sharp

It's a fascinating read, and ironically, I had not known about that prior to writing the book.

00:23:49 Ruth Sharp

And I'm not saying, oh, I was so, you know, I had.

00:23:52 Ruth Sharp

I was so forward thinking it's just it just kind.

00:23:54 Ruth Sharp

Of happened that way but.

00:23:56 Ruth Sharp

Haven't we always known that childhood trauma affects the decisions that you make going into adult life?

00:24:01 E.A. Maynard

No, yeah I so that so that I will agree.

00:24:01 Ruth Sharp

You know, yeah.

00:24:04 E.A. Maynard

So changing the DNA, I really don't have a clue of that.

00:24:08 E.A. Maynard

To me that has to.

00:24:09 Ruth Sharp

The malleable part of the DNA there's.

00:24:11 E.A. Maynard

OK.

00:24:12 Ruth Sharp

Yeah, there's a malleable part, and there's a a technical term for it, and I don't want.

00:24:16 Ruth Sharp

To get it wrong, right?

00:24:19 Ruth Sharp

Understand, yeah, but it's, uh, it's amale, but it can also be fixed to basically with.

00:24:24 Ruth Sharp

Love and support so and again I don't.

00:24:26 E.A. Maynard

Right, right?

00:24:27 Ruth Sharp

Want to get off on a tangent?

00:24:28 Ruth Sharp

On that, but you know, Lexie.

00:24:29 E.A. Maynard

I understand so.

00:24:30 Ruth Sharp

Did go through childhood trauma so.

00:24:33 E.A. Maynard

And yeah, I mean.

00:24:34 E.A. Maynard

That is something that I think everybody has always known is any traumas you if you go through trauma as a child.

00:24:41 E.A. Maynard

As an adult, different things.

00:24:42 E.A. Maynard

Those things will come in affect your decision making.

00:24:46 E.A. Maynard

I mean, I've I can tell you people I grew up with in the same town, same settings, all this and you would imagine that if we if it was all about.

00:24:55 E.A. Maynard

Nature then we all should be turning out close to the same point where that wasn't the case, and I did grow up in a small town where literally if I did something, one of the people would yell at me.

00:25:09 E.A. Maynard

You better get home or stop doing that or I'm.

00:25:11 E.A. Maynard

Gonna tell your mom.

00:25:12 E.A. Maynard

Or things like that? I mean where they know where everybody knows everybody, so it's either stop doing that or your mom's going to whoop your \*\*\*\*

00:25:22 E.A. Maynard

Or I mean just different things and.

00:25:24 E.A. Maynard

Bullying me growing.

00:25:25 E.A. Maynard

Up I did a lot of stupid things and I can honestly say out of everybody I knew growing up.

00:25:31 E.A. Maynard

The only person I was ever afraid of.

00:25:33 E.A. Maynard

'cause my mom.

00:25:34 E.A. Maynard

She's the only one I know that could just wail on me and I couldn't do anything about and in a small town.

00:25:40 E.A. Maynard

If your mom's wailing on you, you everyone knows you screwed up.

00:25:44 Ruth Sharp

So 'cause it's the moms that talk, right?

00:25:47 E.A. Maynard

Yes, exactly.

00:25:47 Ruth Sharp

Typically yeah.

00:25:49 E.A. Maynard

So with that I do see where you're coming from.

00:25:52 E.A. Maynard

The different effects and things like that from at least what I grew up seeing.

00:25:56 E.A. Maynard

So let me ask this as well so we know Lexie is the main character of the book.

00:26:02 E.A. Maynard

Are there other characters in your stories that people should pay attention to the?

00:26:08 E.A. Maynard

It's not just Lexie bite?

00:26:10 E.A. Maynard

A story is normally not just a single person, unless you're like that dumb castaway with death.

00:26:18 E.A. Maynard

Well, the only other character was, uh, uh, volleyball or something.

00:26:22 E.A. Maynard

Wilson, yes Wilson.

00:26:24 Ruth Sharp

Well and you know, and that's a great point.

00:26:26 Ruth Sharp

You know Tom Hanks?

00:26:28 Ruth Sharp

Or the the producers or directors will.

00:26:30 Ruth Sharp

Made another character.

00:26:32 Ruth Sharp

You know, out of out of Wilson.

00:26:33 Ruth Sharp

But no, there are.

00:26:34 Ruth Sharp

There's basically 4 main 5 characters, and it's Leslie Lexi and her mom.

00:26:41 Ruth Sharp

Everybody wants to know about the mom, and so that's

00:26:45 Ruth Sharp

Probably where I will focus.

00:26:47 Ruth Sharp

On my next book is Mom and again I just don't know how to how to do all of it and what I did learn like we talked about was to not try to figure everything out.

00:26:57 Ruth Sharp

You know?

00:26:57 Ruth Sharp

Just wait until I'm in a place where.

00:27:00 Ruth Sharp

I've kind of got this book under way of, you know, marketing.

00:27:04 Ruth Sharp

A book is like a whole other baby in itself.

00:27:06 E.A. Maynard

Yeah, I I know well enough I I have to get back into my marketing.

00:27:12 E.A. Maynard

It's I shut everything down just so I could pay attention to the podcast by yeah, I mean it's it takes a lot in between.

00:27:22 E.A. Maynard

What is it?

00:27:23 E.A. Maynard

Book bulb, Amazon ads everything.

00:27:26 E.A. Maynard

It it is a large portion that people don't think about that authors do deal with specially self published off.

00:27:33 E.A. Maynard

There's and I believe, a lot of traditional authors now are dealing with their own marketing as well.

00:27:40 E.A. Maynard

So I mean, people think, oh you write a book you.

00:27:44 E.A. Maynard

Throw it out and then everybody just.

00:27:46 E.A. Maynard

Buys it.

00:27:46

No, it's only.

00:27:47 E.A. Maynard

So it's yeah that would be great.

00:27:49 E.A. Maynard

Not the case though.

00:27:51 Ruth Sharp

No, no, and and it's.

00:27:53 Ruth Sharp

I don't know about you.

00:27:54 Ruth Sharp

Sounds like we're a little kind of on the same page.

00:27:57 Ruth Sharp

With that I I can really only focus on one thing and they they say that you should start writing your book, your next book or no right now.

00:28:04 Ruth Sharp

And I'm like, I'm sure I'm sure you're right.

00:28:07 Ruth Sharp

But I.

00:28:08 Ruth Sharp

I also don't want.

00:28:09 Ruth Sharp

To just throw something out, you know, especially since people if if they are going to be vested in this, you know if they are going to be vested in Lexie and want to know what's going on.

00:28:11

Right?

00:28:20 Ruth Sharp

I want to.

00:28:21 Ruth Sharp

I don't want them to be.

00:28:22 Ruth Sharp

Disappointed in the second.

00:28:23 Ruth Sharp

Book, you know?

00:28:24 Ruth Sharp

So anyway, I I get I get what?

00:28:27 Ruth Sharp

They're going with that, but, but.

00:28:29 Ruth Sharp

Yeah there are other.

00:28:30 Ruth Sharp

Characters and everybody wants to know about.

00:28:31 Ruth Sharp

The bomb so.

00:28:32 E.A. Maynard

OK, so the second book is going.

00:28:34 E.A. Maynard

To be bringing a bit.

00:28:35 E.A. Maynard

Of focus on the mom you're thinking.

00:28:37 Ruth Sharp

I think so, yeah, and I want to know.

00:28:42 E.A. Maynard

So what about the first one?

00:28:42 Ruth Sharp

I want to know what happened to the mom.

00:28:44 Ruth Sharp

You know, like we're all learning this together, which I think is kind of exciting.

00:28:48 E.A. Maynard

Right?

00:28:48 E.A. Maynard

So what about the first book is the mom?

00:28:50 E.A. Maynard

Just you said the mom and dad split and the mom just disappeared as well?

00:28:54 E.A. Maynard

You said if I'm not if I'm.

00:28:55 E.A. Maynard

Thinking right.

00:28:56 Ruth Sharp

He did, and again I don't want to give.

00:28:59 Ruth Sharp

Too much away.

00:29:00 Ruth Sharp

And I know you're not asking for that.

00:29:01 Ruth Sharp

I, I'm just yeah the mom.

00:29:03 Ruth Sharp

The mom is integral to just, you know.

00:29:07 Ruth Sharp

Doctor Phil always says the most important person in your in a.

00:29:11 Ruth Sharp

Child's life.

00:29:12 Ruth Sharp

Is the same sex parent?

00:29:14 Ruth Sharp

The same yeah so well for girls.

00:29:16 Ruth Sharp

Growing up, the most important relationship is their mom.

00:29:19 Ruth Sharp

For men growing up for boys growing up, it's the dad you.

00:29:22 Ruth Sharp

Know and.

00:29:23

Sorry one.

00:29:24 Ruth Sharp

Yeah, I get that.

00:29:24 Ruth Sharp

I mean and he's not saying that the other parent doesn't have any influence, but of course they do.

00:29:27 E.A. Maynard

Right?

00:29:29 Ruth Sharp

You know?

00:29:30 Ruth Sharp

So in fact, it's probably important for women to see that men are good men.

00:29:35 Ruth Sharp

That you know, my dad treats my mom right?

00:29:38 Ruth Sharp

Need to find.

00:29:39 Ruth Sharp

A man who will treat me right?

00:29:41 Ruth Sharp

And always like, well, you know I need to respect my my I respect my mom I I'm going to respect my my.

00:29:47 Ruth Sharp

Wife and etc etc.

00:29:49 Ruth Sharp

You know this.

00:29:50 Ruth Sharp

Goes down a whole rabbit hole of parents eating.

00:29:51 E.A. Maynard

Right, and I agree with.

00:29:53 E.A. Maynard

You there too?

00:29:53 Ruth Sharp

And stuff, yeah.

00:29:54 E.A. Maynard

Right, and again that that could be a whole another show in conversation altogether.

00:29:59

Right, right?

00:29:59 E.A. Maynard

So with that it sounds like it's a very interesting, intriguing book it sounds.

00:30:04 E.A. Maynard

Like the lake effect is something that people should look into should get, especially if they look now is it a crime thriller or a suspense or?

00:30:13 E.A. Maynard

How do you actually?

00:30:15 E.A. Maynard

How do you actually label this?

00:30:16 Ruth Sharp

Well, you know that's a great question.

00:30:19 Ruth Sharp

Uhm, psychological thriller.

00:30:22 Ruth Sharp

It's kind, I mean it's.

00:30:23 Ruth Sharp

Kind of a mystery, but it's not a mystery.

00:30:25 Ruth Sharp

Be like, oh there was.

00:30:27 Ruth Sharp

A murder and and who did it?

00:30:28 Ruth Sharp

In which room and?

00:30:30 Ruth Sharp

With you know which weapon, and you know the you know.

00:30:34 Ruth Sharp

Yeah, clue and and it's it's not like that, but it is a like OK, what's going on here and and have A twist at the end.

00:30:42 Ruth Sharp

I'll be honest with you so I personally like twists and.

00:30:45 Ruth Sharp

But to answer your question, I think it's been labeled as a psychological thriller women fix.

00:30:51 Ruth Sharp

Chin up, somebody told me it was more of like a new adult genre which is for 20 year olds.

00:30:59 Ruth Sharp

They're like grown up, but not quite adults yet.

00:31:02 Ruth Sharp

Some somebody told me it was a contemporary woman fiction.

00:31:07 Ruth Sharp

Uhm, mainly probably because the characters are not particularly likable, but they are interesting.

00:31:13 Ruth Sharp

So we kind of move it.

00:31:15 Ruth Sharp

Around, I'll be honest with you.

00:31:17 Ruth Sharp

But I did not write.

00:31:18 Ruth Sharp

This book I think it's important to note, I'm gonna write a thriller.

00:31:22 Ruth Sharp

I'm gonna write a women psychological.

00:31:24 Ruth Sharp

I just wanted it.

00:31:26 Ruth Sharp

I guess I did think well, I'm not gonna.

00:31:28 Ruth Sharp

I have boys in it but I'm a woman so right I can identify with girls so I'm a great character.

00:31:33 Ruth Sharp

Girl, you know that kind of makes sense, but I didn't go into it thinking I'm going to write this kind of a John or that kind of a general.

00:31:40 Ruth Sharp

I just know I wanted it to.

00:31:41 Ruth Sharp

Be fiction and I wanted it to be.

00:31:43 Ruth Sharp

Have flawed characters and I wanted it to.

00:31:45 Ruth Sharp

Have good discussion so.

00:31:46 E.A. Maynard

Now, when you're saying flawed characters, so to me.

00:31:51 E.A. Maynard

Any character that is believable has flaws because the perfect care, the perfect character is annoying as hell.

00:31:58 E.A. Maynard

Excuse me is, I think I can get away without bleeping that word, but.

00:32:05 E.A. Maynard

The the perfect when you real character that's just Immaculate perfect.

00:32:10 E.A. Maynard

There's nothing wrong with them.

00:32:12 E.A. Maynard

You're really you're like at first oh wow, look at them.

00:32:16 E.A. Maynard

Then it's like, well, this is annoying I.

00:32:18 E.A. Maynard

I don't have.

00:32:19 E.A. Maynard

Any real expectations of this person?

00:32:21 E.A. Maynard

Because the perfect person is supposed to do everything right.

00:32:24 E.A. Maynard

They know what they're doing.

00:32:26 E.A. Maynard

It's the people with the flaws.

00:32:28 E.A. Maynard

Most stories are bred.

00:32:30 E.A. Maynard

I've found that the people with flaws.

00:32:32 E.A. Maynard

Tend to be.

00:32:32 E.A. Maynard

The the type of people they really are drawn into.

00:32:36 E.A. Maynard

Good bad like my characters.

00:32:38 E.A. Maynard

He's very caring.

00:32:39 E.A. Maynard

Very pay.

00:32:40 E.A. Maynard

The main character is very caring, very attentive towards his friends.

00:32:44 E.A. Maynard

The ones close to him, but everybody outside he's considered a monster too, so he obviously has flaws what?

00:32:53 E.A. Maynard

What flaws are you saying that your characters have that you're that you're looking at?

00:32:59 E.A. Maynard

Because like I said?

00:33:01 E.A. Maynard

Any character without flaws is definitely not somebody that's worth.

00:33:04 E.A. Maynard

Listening to or reading about.

00:33:06 Ruth Sharp

Well, you know, and it's funny that you mentioned that about the perfect characters because the person who told me and it was a book buyer for a small bookstore and she read the book and she said people, it's.

00:33:17 Ruth Sharp

A new adult.

00:33:18 Ruth Sharp

Genre, in her opinion, because people in their 20s and stuff are there.

00:33:23 Ruth Sharp

People are tired of reading about the Nancy Drews of the world, you know?

00:33:27 Ruth Sharp

If you Nancy Drew isn't hard, but yeah, and and all of those where they you know everything is perfect and I said, well, that's good because my character is.

00:33:27 E.A. Maynard

Right?

00:33:29 E.A. Maynard

How do what?

00:33:36

Blood and again, Eric.

00:33:37 Ruth Sharp

I don't want to, you know, give away the.

00:33:39 Ruth Sharp

The book, but I.

00:33:40 Ruth Sharp

Mean she's kind of dumb.

00:33:41 Ruth Sharp

You know the way my husband said it was.

00:33:44 Ruth Sharp

And this is true.

00:33:45 Ruth Sharp

Lexi is a little too big for her britches, you know.

00:33:48 E.A. Maynard

Which most teenagers tend to be.

00:33:52 Ruth Sharp

And like yeah and and this book is not up my husband alley.

00:33:52 E.A. Maynard

I remember.

00:33:57 Ruth Sharp

So I mean he's.

00:33:58 Ruth Sharp

Going to look at it with a.

00:34:00 Ruth Sharp

Little bit of skepticism, like you know, I would never read this.

00:34:03 Ruth Sharp

This is just that I'm like.

00:34:04 Ruth Sharp

OK, you're going to read it.

00:34:07 Ruth Sharp

And you're going to give me.

00:34:07 E.A. Maynard

Right?

00:34:08 Ruth Sharp

Your feedback and and.

00:34:10 Ruth Sharp

Of course you know he's, but he's right.

00:34:11 Ruth Sharp

It Lexie is a little bit too big for her britches and she doesn't have the parental support there, and she just kind of punts and.

00:34:21 Ruth Sharp

Sometimes when you punch.

00:34:22 Ruth Sharp

You really punt, you really fumble so.

00:34:27 Ruth Sharp

Those are what I mean flaws, and the dad is like a typical kind of dad.

00:34:32 Ruth Sharp

You know, he pays the bills he he loves his daughter and but you know when you're a trial lawyer.

00:34:38 Ruth Sharp

You know?

00:34:39

And it's just.

00:34:39 E.A. Maynard

Your plans taking off.

00:34:40 Ruth Sharp

Again, I just thought it, they're they're.

00:34:41 Ruth Sharp

Flawed and kind of, uh, I think people are going to be able to relate to them.

00:34:46 Ruth Sharp

Hello so again, not a book for young kids, so I'd really like 18 and older to read this and I always try to say that on every podcast. It's for 1817. Maybe you know, but 18.

00:34:50 E.A. Maynard

Right?

00:34:56 E.A. Maynard

I understand.

00:35:00 Ruth Sharp

Really and older.

00:35:01 E.A. Maynard

I understand so.

00:35:02 E.A. Maynard

This is not your Hardy boys or Nancy Drews.

00:35:05 E.A. Maynard

For those of us that do know who they are.

00:35:07 Ruth Sharp

Yeah, well.

00:35:09 E.A. Maynard

But with that being said, it sounds very interesting, so I'm gonna encourage people to go find you.

00:35:16 E.A. Maynard

And I have a profile of you set up on author blurb com where people can read a bit about you.

00:35:21 E.A. Maynard

The information you gave me in a few links.

00:35:24 E.A. Maynard

You have a website as well.

00:35:25 E.A. Maynard

Where do you prefer?

00:35:27 E.A. Maynard

Go to your website to find you.

00:35:28 E.A. Maynard

Where do you prefer?

00:35:29 E.A. Maynard

Them to locate you and get in touch or ask you questions.

00:35:33 Ruth Sharp

I guess I'd like him to go to the website.

00:35:36 Ruth Sharp

Ruthsharpauthor.com

00:35:40 Ruth Sharp

Or they can.

00:35:41 Ruth Sharp

They can go to Amazon and read about it and see the reviews and all of that.

00:35:46 Ruth Sharp

I I do put some some blogs in there.

00:35:50 Ruth Sharp

I I try to give some snippets of the lake effect.

00:35:53 Ruth Sharp

I give some snippets of the future book.

00:35:57 Ruth Sharp

I've written a.

00:35:58 Ruth Sharp

Little bit, with the caveat of.

00:36:01 Ruth Sharp

I may not.

00:36:02 Ruth Sharp

Use any of these snippets in the in the next book, so don't hold me to.

00:36:05 Ruth Sharp

It you.

00:36:06 Ruth Sharp

And then and then just.

00:36:08 Ruth Sharp

Miscellaneous writing that I've done.

00:36:10 Ruth Sharp

You know, I kind of want people.

00:36:11 Ruth Sharp

To know me and that I'm not.

00:36:13 Ruth Sharp

I am flawed.

00:36:14 E.A. Maynard

Right?

00:36:15 Ruth Sharp

Ask my kids.

00:36:16 Ruth Sharp

Ask my parents asked my husband you.

00:36:18 Ruth Sharp

Know I I am flawed.

00:36:19 Ruth Sharp

Too, but I'm just kind.

00:36:20 Ruth Sharp

Of a regular person who's decided to.

00:36:23 Ruth Sharp

Take their hand at writing.

00:36:25 Ruth Sharp

And so that's yeah, I guess the answer your question is to go to the website.

00:36:29 Ruth Sharp

So yeah, thank you so much for having me.

00:36:32 Ruth Sharp

I I so appreciate this is.

00:36:33 Ruth Sharp

This was great.

00:36:34 Ruth Sharp

This was a good interview I.

00:36:35 E.A. Maynard

Had to say, well, I definitely enjoyed.

00:36:37 E.A. Maynard

Early on and thank you again for being on so if you can hold on for one moment, this is going to be the end of the conversation for everybody else and once once we're done, we'll talk and.

00:36:49 E.A. Maynard

Again, I do appreciate it.

00:36:51 Ruth Sharp

Hey well thank you.

00:36:53 E.A. Maynard

Well, there was our conversation.

00:36:55 E.A. Maynard

I thought it was a good conversation.

00:36:56 E.A. Maynard

Like I said, my conversations with almost every one of my authors that I speak with are just phenomenal.

00:37:02 E.A. Maynard

I learn a lot from them and.

00:37:04 E.A. Maynard

I enjoy the conversations very much.

00:37:07 E.A. Maynard

I hope you do as well.

00:37:08 E.A. Maynard

So after listening to Ruth you can always go to her website.

00:37:13 E.A. Maynard

All the notes are in the show notes.

00:37:14 E.A. Maynard

You can go to the profile that I have set up for her and all the other authors that's been on here in case you want to find them at all through Globecomm.

00:37:23 E.A. Maynard

Father like I.

00:37:24 E.A. Maynard

Said at the beginning of the show.

00:37:26 E.A. Maynard

Shoot me an email.

00:37:27 E.A. Maynard

Tell me what you like we don't like.

00:37:29 E.A. Maynard

Leave a review on where you're listening to this.

00:37:32 E.A. Maynard

Anything to help me understand what I can do to make things better for you or what to keep working on?

00:37:38 E.A. Maynard

That you do like is well appreciated, so thank you again.

00:37:42 E.A. Maynard

I hope you go to the site, look around, see some of the other guests, see some guests coming up that you might not have heard yet.

00:37:48 E.A. Maynard

Find your next favorite author.

00:37:50 E.A. Maynard

They're out there.

00:37:52 E.A. Maynard

I'm going to help you find them, and until then, I'll talk.

00:37:55 E.A. Maynard

To you soon thank you.